



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
					<b>1</b> 10:00 Men's Club 12:15 Ping Pong 
<b>3</b>	<b>4</b>  <b>LABOR DAY CQY CLOSED</b>	<b>5</b> 10:00 P.E.R.C. 	<b>6</b> 12:10 Painting Workshop 12:15 Film: <b>Beauty and the Beast</b> 1:00 Turning Points in Jewish History Class 7:00 East Meets West: <b>A Musical Jam Session!</b>	<b>7</b> 12:45 Drama Workshop 	<b>8</b> <b>10:00 Blood Pressure Screening</b>  10:00 Men's Club  12:15 Ping Pong
<b>10</b> 	<b>11</b> 12:00 Why Dine Alone?  <b>1:30 September 11: Looking Back, Sixteen Years Later</b> Photo: wikimedia commons	<b>12</b> 10:00 P.E.R.C. <b>12:00 Mixed Media Art Workshop</b> <b>12:20 Film Discussion with Matthew Weiss</b>	<b>13</b> 12:10 Painting Workshop  1:00 Turning Points in Jewish History Class  1:30 Emergency Preparedness	<b>14</b> 12:15 Book Group: <b>Call It Sleep</b> 12:45 Drama Workshop	<b>15</b> <b>10:00 - 1:00 FLU SHOTS by Walgreens</b>  10:00 Men's Club  12:15 Ping Pong
<b>17</b>	<b>18</b> 12:00 Why Dine Alone?  <b>1:30 Memory Workshop</b>	<b>19</b> 10:00 P.E.R.C.	<b>20</b> 12:15 Film Screening: <b>Still Mine</b>  <b>EREV ROSH HASHANAH</b>	<b>21</b>  <b>ROSH HASHANAH CQY CLOSED</b>	<b>22</b>  <b>ROSH HASHANAH CQY CLOSED</b>
<b>24</b>	<b>25</b> 12:00 Why Dine Alone? <b>1:30 Author, One Woman's Journey from Pakistan to U.S.</b> <b>1:30 Poetry Workshop</b>	<b>26</b> 10:00 P.E.R.C. <b>12:00 Mixed Media Art</b> <b>1:00 Behind the Headlines</b> <b>1:00 SCRIE/DRIE Event</b>	<b>27</b> 12:10 Painting Workshop 1:00 Turning Points in Jewish History Class 1:00 Health Chat: Falls Prevention Workshop	<b>28 Trip: Tour of Lincoln Center</b> <b>11:15 Art History Class</b> <b>12:45 Drama Workshop</b>  <b>3:00 Tutoring Turkish Immigrants starts</b>	<b>29</b> 10:00 Men's Club  <b>EREV YOM KIPPUR</b>

## Music, Trips, Lectures & Workshops

**Cultural Arts, East Meets West: A Musical Jam Session! – Turkish Musician Mustafa Demirci, together with musicians from Madagascar and other cultures – Wed., 9/6, 7 pm** – At First Presbyterian Church, 35-70 112th Street, Forest Hills. \$8 in advance. Info & register at [www.cqy.org/tix](http://www.cqy.org/tix) or (718) 268-5011, ext. 151.

**SEPTEMBER 11: Looking Back, Sixteen Years Later** – We will gather to remember the terrible events of September 11, and to talk about the aftermath of this tragic event, how it felt to live through the period that followed and its continuing impact today. FREE.

**Cultural Arts Author, Sabeeha Rehman, One Woman's Journey from Pakistani Muslim to American Muslim – Mon., 9/25, 1:30 pm.** – In her new memoir, Sabeeha Rehman tells her story from Pakistan to life in the U.S. and her work as a tireless advocate for interfaith understanding. Beginning with her tale of a hurried arranged marriage, which becomes a love match lasting 40 years, Rehman undercuts stereotypes as she describes her journey from secular Muslim in an Islamic society to observant Muslim in a society fearful of Islam. Suggested donation: \$5 m/\$8 nm.

**DRAMA WORKSHOP** – Scott Klavan, our director, has performed on Broadway, Off-Broadway & on TV. He is a lifetime member of The Actors Studio and teaches at the 92<sup>nd</sup> Street Y. We will even have a public performance! Ten sessions, \$90 m/\$100 nm.

**MEMORY WORKSHOP** – Strengthen and improve your memory, with listening skills, helpful hints, and techniques to boost recall. FREE m/\$5 nm.

**MIXED MEDIA, COLLAGE, PAINTING & 3-DIMENSIONAL ART** – Using a variety of materials, participants will make art works such as boxes, mosaics, bowls, sculptures, batik, and prints. Materials included. With Sandy Izhakoff, experienced artist and teacher. 4 Tues., \$75 m/\$85 nm.

**PAINTING & DRAWING WORKSHOP** – Using watercolors, acrylic paint, or charcoal, create a work of art! For the experienced artist and for those who would like to try it. Materials included. With Sandy Izhakoff, experienced artist and teacher. 4 Weds., \$75 m/\$85 nm.

**POETRY WORKSHOP** – Explore and analyze poems. Bring your own work or simply enjoy the lively discussions. FREE m/\$5 nm.

## Community

**MEN'S CLUB** – Have lively, intellectual, and thought-provoking conversations in this discussion group. Meet new friends and stimulate your mind. Discuss current events, politics, and much more! FREE.

**P.E.R.C.** (Progressive Energy for Retired Citizens) – Weekly thought-provoking discussions on current issues. Topics presented by PERC participants. FREE.

**PING PONG** – Every Friday, 12:15 pm.

**WHY DINE ALONE?** – Lunch at your Y! Enjoy a strictly kosher lunch every Monday with your Y community. Chat with friends over a delicious meal. Call ext. 160 to reserve by the prior Thursday. \$4 m/\$6 nm.

## Classes

**FILM DISCUSSION GROUP WITH FILM CRITIC** Watch and discuss great films with a film critic! Matthew Weiss has done everything on a film set from acting and producing to directing. He has appeared with Sarah Silverman, Janeane Garofalo, and Rosie Perez, and he has done improv comedy in NY. 7 Tues.: 9/12, 10/10 & 10/24, 11/7 & 11/21, 12/5 & 12/19, 12:20-3 pm, \$70 m/\$84 nm.

**BEHIND THE HEADLINES: Digging Deeper into the Politics & Law Behind the News** – The first six months of the Trump administration has featured an unprecedented level of excitement, fear, fury, and conflict. The anger and division has led to an inability to deal with such critical issues as healthcare, climate change, immigration, and deteriorating infrastructure. At each session, we'll dig deeper into an issue in the news, including the history, legal background, and politics. Alan Hevesi is former NY State and City Comptroller, Assemblyman, and Professor of Political Science. 4 Tues.: 9/26, 10/31, 11/28, 12/12, 1-2:15 pm, \$40 m/\$48 nm.

**TURNING POINTS IN JEWISH HISTORY: Modern Religious Movements and East European Jewry** – Throughout the ages, Jewish culture has seen revolutionary and evolutionary changes. Confronting major traumas and new cultures led to new forms of Judaism and cultural changes. This fall we will cover religious responses to Emancipation, including the early Reform, Conservative, Orthodox, and Ultra-Orthodox movements, and East European Jewry before World War II. A retired Reform rabbi, Rabbi Irwin Goldenberg has taught at St. John's University. 6 Weds.: 9/6 & 9/13 & 9/27, 12/6 & 12/13 & 12/20, 1-2:15 pm, \$48 m/\$60 nm.

## ART HISTORY: MODERN AT ALL COSTS –

Many modern artists in the late 19th and early 20th century faced unimaginable resistance to their work or lifestyle. It's hard to imagine in a "post-everything" 21st century, but for decades visual artists were at the forefront of shaping radical new ideas. For many, their defiance of social norms in their work and lives cost them their friends, families, institutional support, partners, and health. We'll dive into the stories and work of six modern artists, including Vincent Van Gogh, Ernst Ludwig Kirchner, and Frida Kahlo, who gave everything they could to fulfill their artistic vision. Matthew Fischer is a painter, with an MFA from Columbia. He teaches studio art at the 92<sup>nd</sup> Street Y. 5 Thurs.: 9/28, 11/2 & 11/9 & 11/30, 12/14, 11:15 am-12:30 pm, \$50 m/\$60 nm.

**BOOK GROUP** – Thoughtful, lively discussions focus on the best new and classic literature and non-fiction. Moderated discussions dig in deep to get the most from books, yet we also have fun. New participants welcome. FREE. RSVP requested: ext. 151 or [pkurtz@cqy.org](mailto:pkurtz@cqy.org). Thurs., 9/14, 12:15 – Henry Roth, *Call It Sleep*.

## Film Screenings

**BEAUTY AND THE BEAST** – 129 min. In this live action version of the Disney animated feature, young Belle yearns to escape her ordinary existence—until she becomes imprisoned in the castle of a monstrous prince. FREE m/\$3 nm.

**STILL MINE** – 103 min. His home in disrepair, an elderly farmer must build a better shelter for his ill wife. He faces the wrath of an overzealous government inspector but refuses to back down. FREE m/\$3 nm.

## Health and Wellness

**FREE BLOOD PRESSURE SCREENING** – By Dr. J. Horwitz on September 8.

**EMERGENCY PREPAREDENESS** – What to do in the case of an emergency? Join us and be prepared. FREE.

**HEALTH CHAT: FALLS PREVENTION WORKSHOP** – Lori Ginsberg, RN, teaches how to reduce the dangerous risk of falling. FREE.

## Volunteer Opportunities

**BASIC ENGLISH TUTORING FOR IMMIGRANTS** – Volunteer tutors provide individualized tutoring for Turkish & Afghan immigrants. Space is limited; advance registration is required: ext. 151 or [pkurtz@cqy.org](mailto:pkurtz@cqy.org). Thursdays, 3-4:15 pm & Fridays, 11 am-12:45 pm.