



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> 12:10 Painting Workshop  <b>1:00 Turning Points in Jewish History Class</b> w/Rabbi Irwin Goldenberg	<b>2</b> <b>Trip to Museum of Modern Art</b> 12:45 Drama Workshop <b>2:30 Tutoring Turkish Immigrants</b> <b>6:30 Visit to a Mosque</b>	<b>3</b> <b>10:00 Blood Pressure Screening</b> 10:00 Men's Club <b>11:00 Tutoring Afghan Women</b>
<b>5</b> <b>10:00 am &amp; 1:00 pm REEL-ABILITIES FILM FESTIVAL</b>	<b>6</b> 12:00 Why Dine Alone? <b>12:30 REELABILITIES FILM FESTIVAL</b> 	<b>7</b> 10:00 P.E.R.C.	<b>8</b> 12:10 Painting Workshop <b>1:00 Turning Points in Jewish History Class</b> <b>1:30 Aaron Copland School of Music</b>	<b>9</b> <b>11:15 Art Class</b>  12:45 Drama Workshop <b>2:30 Tutoring Turkish Immigrants</b>	<b>10</b> 10:00 Men's Club  <b>11:00 Tutoring Afghan Women</b>  12:15 Ping Pong
<b>12</b> <b>CQY PURIM CARNIVAL</b>	<b>13</b>  12:00 Why Dine Alone? <b>1:30 Memory Workshop</b>	<b>14</b> 10:00 P.E.R.C. <b>12:20 Film Discussion with Matthew Weiss</b> <b>1:30 SINGLES' SOCIAL AND PURIM SIMCHA PARTY!!</b>	<b>15</b> 12:10 Painting Workshop  <b>12:15 Film Screening: Joy</b>	<b>16</b> <b>12:15 Book Group</b> 12:45 Drama workshop <b>2:30 Tutoring Turkish Immigrants</b> 	<b>17</b> 10:00 Men's Club  <b>11:00 Tutoring Afghan Women</b>  12:15 Ping Pong
<b>19</b>	<b>20</b> 12:00 Why Dine Alone?  <b>1:30 Health Chat: Your Eyes</b>	<b>21</b> 10:00 P.E.R.C. <b>1:00 Behind the Headlines Class with Alan Hevesi</b> 	<b>22</b> 12:10 Painting Workshop  <b>1:30 Juilliard Performance</b>	<b>23</b>  <b>11:15 Art Class</b> 12:45 Drama Workshop <b>2:30 Tutoring Turkish Immigrants</b>	<b>24</b> 10:00 Men's Club  <b>11:00 Tutoring Afghan Women</b>
	<b>27</b> 12:00 Why Dine Alone? <b>1:30 Poetry Workshop</b> <b>1:30 Lessons in Exile From One of Iraq's Last Jews</b>	<b>28</b> 10:00 P.E.R.C. <b>12:20 Film Discussion with Matthew Weiss</b>	<b>29</b> 12:10 Painting Workshop  <b>12:15 Film Screening: Me Before You</b>	<b>30</b> <b>12:45 Drama Performance</b> <b>2:30 Tutoring Turkish Immigrants</b> <b>7:00 Interfaith Passover Seder</b>	<b>31</b> 10:00 Men's Club  <b>11:00 Tutoring Afghan Women</b>  12:15 Ping Pong

## Music, Trips, Lectures & Workshops

**INTERFAITH EVENT: Visit to a Mosque – Thurs., 3/2, 6:30 pm** – Our interfaith events continue with discussions, an Interfaith Passover Seder, and visits to a synagogue, a church, and a mosque. In March, we'll visit a local mosque together with Jewish, Muslim, and Christian partners. Discussion & light refreshments. RSVP required: ext. 151 or [pkurtz@cqy.org](mailto:pkurtz@cqy.org).

**REELABILITIES: NY DISABILITIES FILM FESTIVAL – Sun., 3/5 10 am & 1 pm and Mon., 3/6 12:30 pm** – This year's festival includes an Israeli film on young adults with Down syndrome & sibling relationships, an afternoon of short films, and an inspiring film about a swim team of autistic teens who surprise all with their abilities. Post-screening discussions with filmmakers and actors. Complete schedule at [www.cqy.org/reel](http://www.cqy.org/reel) or ext. 151 or [pkurtz@cqy.org](mailto:pkurtz@cqy.org). \$5 donation requested.

**Cultural Arts Author, LESSONS IN EXILE FROM ONE OF IRAQ'S LAST JEWS – Cynthia Kaplan Shamash – Mon., 3/27, 1:30 pm.** – As we struggle with the question of political refugees, Cynthia Kaplan Shamash's story makes real the personal struggles of the refugees themselves. As Iraqi Jews, Shamash's family tried to escape Iraq in 1963, but they were captured and jailed for weeks. When they were eventually able to flee, they struggled to start over and fit in, in one country after another. Suggested donation: \$5 m/ \$8 nm.

**INTERFAITH PASSOVER SEDER – Thurs., 3/30, 7 pm** – Share Passover customs and the telling of the story of the exodus from Egypt, and a traditional kosher meal with Jewish, Muslim, and Christian partners. The Seder will be led by a rabbi at the Y. \$20 in advance. RSVP required: ext. 151 or [pkurtz@cqy.org](mailto:pkurtz@cqy.org).

**AARON COPLAND SCHOOL OF MUSIC AT QUEENS COLLEGE** – The Aaron Copland School of Music is one of the most distinguished departments at Queens College. We are thrilled to host performances throughout the academic year. \$5 per person.

**THE JUILLIARD SCHOOL** – Juilliard provides the highest caliber of artistic education for gifted musicians from around the world. Through a generous Gluck Fellowship, we are privileged to host concerts and we anticipate a musical year. \$5 per person.

**DRAMA WORKSHOP** – Scott Klavan, our director, has performed on Broadway, Off-Broadway & on TV. He is a lifetime member of The Actors Studio and teaches at the 92<sup>nd</sup> Street Y. Public performance! \$108 m/\$120 nm.

**MEMORY WORKSHOP** – Strengthen and improve your memory, with listening skills, helpful hints, and techniques to boost recall. FREE m/\$5 nm.

**PAINTING & DRAWING WORKSHOP** – Using watercolors, acrylic paint, or charcoal, create a work of art! For the experienced artist and for those who would like to try it. Materials included. With Sandy Izhakoff, experienced artist and teacher. 4 Weds., \$75 m/\$85 nm.

**MIXED MEDIA, COLLAGE, PAINTING & 3-DIMENSIONAL ART** – Using a variety of materials, participants will make art works such as boxes, mosaics, bowls, sculptures, batik and prints. Materials included. With Sandy Izhakoff, experienced artist and teacher. 4 Tues., first one is FREE! \$55 m/\$65 nm.

**POETRY WORKSHOP** – Explore and analyze poems. Bring your own work or simply enjoy the lively discussions. FREE m/\$5 nm.

### Community

**P.E.R.C.** (Progressive Energy for Retired Citizens) – Weekly thought-provoking discussions on current issues. Topics presented by PERC participants. FREE.

**PING PONG** – Every Friday, 12:15 pm.

**SINGLES' SOCIAL AND PURIM SIMCHA PARTY** – Put on your dancing shoes and come and meet that special someone, while celebrating Purim, with music by Ricky Pen! FREE m/\$5 nm.

**WHY DINE ALONE?** – Lunch at your Y! Enjoy a strictly kosher lunch every Monday with your Y community. Chat with friends over a delicious meal. Call ext. 160 to reserve by the prior Thursday. \$4 m/\$6 nm.

### Classes

**FILM DISCUSSION GROUP WITH FILM CRITIC** Watch and discuss great films with a film critic! Matthew Weiss has done everything on a film set from acting and producing to directing. He has appeared with Sarah Silverman, Janeane Garofalo, and Rosie Perez, and he has done improv comedy. 5 Tues.: 1/3 & 17, 2/28, 3/14 & 28, 12:20-3 pm, \$50 m/\$60 nm.

**BEHIND THE HEADLINES: Digging Deeper into the Politics & Law Behind the News** – The new Trump administration and Republican-controlled Congress take us into new territory. What are the implications for foreign policy – for U.S. policy toward Israel, involvement in Syria – and for domestic issues such as healthcare and gun control? Alan Hevesi is former

NYS Comptroller and Political Science Professor. 3 Tues.: 1/24, 2/21, 3/21, 1-2:15 pm, \$30 m/\$36 nm.

**TURNING POINTS IN JEWISH HISTORY: Enlightenment & Emancipation in Europe** – What was the impact on Jewish life as the ghettos opened in the late 1700s? We'll explore the social, economic, political, and religious changes in the Jewish community in response to Enlightenment thinking and Western Emancipation, as well as the contribution of *conversos*, Baruch Spinoza's challenge to Judaism, and the emancipation of French Jewry. Rabbi Irwin Goldenberg is a retired Reform rabbi. 7 Weds.: 1/25, 2/1 & 8 & 15 & 22, 3/1 & 8, 1-2:15 pm, \$56 m/\$70 nm.

**COLOR, LINE, TEXTURE & FORM: Art Class** We'll explore the building blocks of art, experimenting with drawing, watercolor, collage, and printmaking, or others to tap into your own creativity. All levels welcome! A working artist, Susan Ross taught art for 40 years. 6 Thurs.: 1/12 & 26, 2/9 & 23, 3/9 & 23, 11:15 am-1 pm, \$54 m/\$66 nm.

**BOOK GROUP** – Thoughtful, lively, provocative discussions focus on the best new and classic literature and non-fiction. Moderated discussions dig in deep to get the most from books, yet we also have fun. New always participants welcome. FREE. RSVP requested. Thurs., 3/16, 12:15 pm. Info: ext. 151 or [pkurtz@cqy.org](mailto:pkurtz@cqy.org).

### Film Screenings

**JOY** – 124 min. Housewife strikes gold with a personal pitch on QVC that turns her Miracle Mop into an overnight marketing miracle. FREE m/\$3 nm.

**ME BEFORE YOU** – 110 min. Lou Clark takes a job looking after rich but depressed Will Traynor, who's been left quadriplegic by an accident. Lou is determined to show him that his life is worth living. FREE m/\$3 nm.

### Health and Wellness

**FREE BLOOD PRESSURE SCREENING** – By Dr. J. Horwitz, on the first Friday of every month.

**HEALTH CHAT: YOUR EYES** – Giovanni Reaves, Doctor of Ophthalmology, presents the aging eye. FREE.

### Volunteer Opportunities

**BASIC ENGLISH TUTORING FOR IMMIGRANTS** – Volunteer tutors provide individualized tutoring for Turkish & Afghan immigrants. Thursdays, 2:30-4 pm & Fridays, 11 am-1 pm. Info: ext. 151 or [pkurtz@cqy.org](mailto:pkurtz@cqy.org).