



Central Queens YM & YWHA, 67-09 108th St., Forest Hills, NY 11375 718-268-5011, ext. 160

Adult Department **MAY 2017**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	1 12:00 Why Dine Alone? 1:00 SCRIE/DRIE Presentation 1:30 ISRAEL'S EDGE: THE STORY OF THE IDF'S MOST ELITE UNIT-TALPIOT	2 10:00 P.E.R.C. 12:00 Mixed Media Art Workshop 12:20 Film Discussion with film critic	3 12:10 Painting Workshop 1:00 Turning Points in Jewish History Class 1:30 Juilliard Performance	4 Trip to Mount Vernon Hotel Museum & Garden in NYC 11:15 Art Class 12:45 Drama Workshop 3:00 Tutoring Turkish Immigrants	5 10:00 Blood Pressure Screening 10:00 Men's Club 11:00 Tutoring Afghan Women 12:15 Ping Pong
7	8 12:00 Why Dine Alone? 12:30 112th Precinct Personal Safety Chat 1:30 Memory Workshop	9 10:00 P.E.R.C. 12:20 Film Discussion with film critic Matthew Weiss	10 12:10 Painting Workshop 12:15 Film Screening: The Big Short 1:00 Turning Points in Jewish History Class	11 11 to 2 pm CHELSEA GALLERY TOUR 12:45 Drama Workshop 3:00 Tutoring Turkish Immigrants	12 10:00 Men's Club 11:00 Tutoring Afghan Women 12:15 Ping Pong
14	15 12:00 Why Dine Alone? 1:30 Health Chat: Understanding Dizziness 1:30 PRES. TRUMP IN THE MIDDLE EAST with Mark Rosenblum	16 10:00 P.E.R.C. 12:00 Mixed Media Art Workshop 12:20 Film Discussion with Matthew Weiss 4:00 Mah Jongg	17 12:10 Painting Workshop 1:00 Turning Points in Jewish History Class 1:30 SIMCHA PARTY FEATURING THE MELODIANS!	18 12:15 Book Group 12:45 Drama Workshop 2:30 Tutoring Turkish Immigrants	19 10:00 Men's Club 11:00 Last spring date: Tutoring Afghan Women 12:15 Ping Pong
21 11:00 STOP N SWAP	22 12:00 Why Dine Alone? 1:30 Poetry Workshop 12:30 AFTERNOON OF SHORT ISRAELI FILMS	23 10:00 P.E.R.C. 1:00 Behind the Headlines Class with Alan Hevesi 4:00 Mah Jongg	24 12:10 Painting Workshop 12:15 Film Screening: Spotlight 1:00 Turning Points in Jewish History Class	25 11:15 Art Class 12:45 Drama Workshop 3:00 Tutoring Turkish Immigrants	26 10:00 Men's Club 12:15 Ping Pong
28	29 MEMORIAL DAY CQY CLOSED	30 10:00 P.E.R.C. 4:00 Mah Jongg EREV SHAVUOT	31 SHAVUOT CQY CLOSED		

Music, Trips, Lectures & Workshops

Israel Independence Day, Cultural Arts Author, Jason Gewirtz, ISRAEL'S EDGE: The Story of The IDF's Elite Unit – Talpiot - Mon., 5/1, 1:30 pm

How will Israel keep its strategic edge over an increasingly dangerous Iran? Israel has been preparing for this day by creating a secretive IDF unit called Talpiot. Instead of being trained to fight, these elite soldiers are taught how to *think*. Instead of fighting skills, Talpiots are taught advanced physics, math, and computer science, and they develop secret weapons and cyber-warfare and intelligence strategies. Talpiot soldiers are truly unsung heroes. Jason Gewirtz is executive producer for CNBC.

Cultural Arts Author, Prof. Mark Rosenblum

TRUMP IN THE MIDDLE EAST: Where Are We Headed? - Mon., 5/15, 1:30 pm As Pres. Trump forges his own way forward, does Netanyahu have a golden opportunity to formally annex the West Bank? If so, is a democratic one-state solution viable as a Jewish homeland? Is a two-state solution still possible or has that been closed out by the reality of the settlements? Prof. Mark Rosenblum is Director of the Queens College Ibrahim Student Leadership and Dialogue Middle East Program.

STOP & SWAP – Sunday, 5/21, 11 a.m. to 2 p.m.

Bring what you want and take what you want (anything portable) clothes, housewares, toys. Info at www.cqy.org.

AFTERNOON OF SHORT ISRAELI

FILMS! Monday, May 22, 12:30 pm - Our popular afternoon of short Israeli films is back! An audience award winning short film highlights the diversity of Jerusalem's people. Beneath their various religions & cultures, people reveal what lies under the stereotypes. Other films focus on two strangers on a train and a boy and his mother, who live in no man's land in Hebron.

THE JUILLIARD SCHOOL – Juilliard provides the highest caliber of education for gifted international musicians. With a generous Gluck Fellowship, we are privileged to host concerts, for a musical year. \$5.

DRAMA WORKSHOP – Scott Klavan, our director, has performed on Broadway, Off-Broadway & on TV. A lifetime member of The Actors Studio, he teaches at the 92nd Street Y. Public performance! \$80 m/\$90 nm.

MEMORY WORKSHOP – Strengthen and improve your memory, with listening skills, helpful hints, and techniques to boost recall. FREE m/\$5 nm.

PAINTING & DRAWING WORKSHOP – Using watercolors, acrylic paint, or charcoal, create a work of art! For the experienced artist and for those who would like to try it. Materials included. With Sandy Izhakoff, experienced artist and teacher. 4 Weds., \$75 m/\$85 nm.

POETRY WORKSHOP – Explore and analyze poems. Bring your own work or simply enjoy the lively discussions. FREE m/\$5 nm.

TRIP TO MOUNT VERNON HOTEL MUSEUM & GARDEN –On East 61st St. in Manhattan, this resort was popular among New Yorkers who wished to escape the city in the early 1800s. \$12, not including lunch.

Community

MEN'S CLUB – Meet new friends in this lively, intellectual, and thought-provoking discussion group. Discuss current events, politics, and much more! FREE.

P.E.R.C. (Progressive Energy for Retired Citizens) – Weekly thought-provoking discussions on current issues. Topics presented by PERC participants. FREE.

PING PONG – Every Friday, 12:15 pm.

SIMCHA PARTY - Join us for an exciting party filled with music, fun and dancing! Chat with friends, old and new, over refreshments. Live music featuring the fabulous **MELODIANS!** FREE m/\$5 nm.

WHY DINE ALONE? – Lunch at your Y! Enjoy a strictly kosher lunch every Monday with your Y community. Chat with friends over a delicious meal. Call ext. 160 to reserve by the prior Thursday. \$4 m/\$6 nm.

Classes

BEHIND THE HEADLINES: The Politics & Law Behind the News – What are the impacts of Pres. Trump on U.S. policy toward Israel, involvement in Syria and on domestic issues such as healthcare and gun control? Alan Hevesi is former NY State Comptroller. 3 Tues.: incl. 5/23 & 6/20 1pm. \$30 m/\$36 nm

FILM DISCUSSION GROUP WITH FILM CRITIC Watch and discuss great films with a film critic! Matthew Weiss has done everything on a film set from acting and

producing to directing. He has appeared with Sarah Silverman, Janeane Garofalo, and Rosie Perez, and he has done improv comedy.. 5 Tues: May 2 & 9 & 16, Jun. 6 & 13 12:20 - 3:00 p.m. \$50 mem/\$60 non-mem

TURNING POINTS IN JEWISH HISTORY

Jews in the Modern Period – We'll focus on the rise of new religious movements and Zionism as a response to Emancipation; the American Jewish community; the Holocaust and theological responses; and the rise of the State of Israel. A retired Reform rabbi, Rabbi Goldenberg has taught at St. John's University. 6 Wed., incl. May 3 & 10 & 17 & 24, 1:00 - 2:15 p.m. \$48 mem/\$60 non-mem

COLOR, LINE, TEXTURE & FORM: Art Class

We'll explore the building blocks used to create art, experimenting with drawing, watercolor, collage, and printmaking. All levels of ability and experience welcome! A working artist, Susan Ross taught art for 40 years. 5 Thurs., incl. 5/4 & 5/11 & 5/25, 11:15 a.m. \$45 m/\$55 nm

BOOK GROUP – Thoughtful, lively discussions focus on the best literature. Moderated discussions dig deep to get the most from books. FREE; RSVP req'd. Thurs., 5/18, 12:15 p.m. Elena Ferrante, *My Brilliant Friend*.

Film Screenings

THE BIG SHORT –130 m Before the 2007 housing and credit bubble triggers an international economic meltdown, financial outsiders see the crash coming and make a daring play for huge profits. FREE m/\$3 nm.

SPOTLIGHT – 129 m A team of reporters exposes the Catholic Archdiocese's history of keeping reports about child molestation and other abuse quiet. FREE m/\$3 nm.

Health and Wellness

FREE BLOOD PRESSURE SCREENING – By Dr. J. Horwitz, on the first Friday of every month.

HEALTH CHAT: UNDERSTANDING

DIZZINESS – Internist & gerontologist Dr. Mia Clar discusses the causes of and remedies for dizziness. FREE.

Volunteer Opportunities

BASIC ENGLISH & LITERACY TUTORING FOR IMMIGRANTS – Volunteers provide individualized tutoring and conversation for Afghan & Turkish immigrants. Thurs. & Fri. Ext. 151 or pkurtz@cqy.org.