





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> 11:15 Art Class: Watercolors 12:45 Drama Workshop 3:00 Tutoring Turkish Immigrants 3:00 Project Posterity	<b>2</b> 10:00 Blood Pressure Screening 10:00 Men's Club 11:00 Tutoring Afghan Women 12:15 Ping Pong
<b>4</b>	<b>5</b> 12:00 Why Dine Alone?  1:30 Memory Workshop	<b>6</b> 10:00 P.E.R.C.  12:20 Film Discussion with Matthew Weiss  1:00 Mixed Media Art Workshop	<b>7</b> 12:10 Painting Workshop  1:00 Turning Points in Jewish History Class  1:15 BINGO	<b>8</b> 10:00 Tour of the Kupferberg Center 11:15 Turkish Art Workshop: The Art of Ebru (Painting on Water) 12:45 Drama Workshop 3:00 Tutoring Turkish Immigrants 3:00 Project Posterity	<b>9</b> 10:00 Men's Club  11:00 Tutoring Afghan Women  12:15 Ping Pong
<b>11</b> 10:00 & 1:00 REEL-ABILITIES FILM FESTIVAL	<b>12</b> 12:00 Why Dine Alone?  12:30 REEL-ABILITIES FILM FESTIVAL	<b>13</b> 10:00 P.E.R.C.  12:20 Film Discussion with Matthew Weiss	<b>14</b> 12:10 Painting Workshop 1:00 Turning Points in Jewish History Class 1:30 Aaron Copland School of Music Performance	<b>15</b> 12:15 Book Group  12:45 Drama workshop 3:00 Tutoring Turkish Immigrants 3:00 Project Posterity	<b>16</b> 10:00 Men's Club  11:00 Tutoring Afghan Women  12:15 Ping Pong
<b>18</b>	<b>19</b> 12:00 Why Dine Alone? 1:00 Film: <b>Lovely, Still</b> 1:30 Author, <b>This Narrow Space: A Doctor, His Jewish, Muslim, and Christian Patients, and a Hospital in Jerusalem</b>	<b>20</b> 10:00 P.E.R.C.  1:00 Behind the Headlines  1:00 Mixed Media Art Workshop	<b>21</b> 12:10 Painting Workshop  1:30 Health Chat: <b>Safety in the Sun</b>	<b>22</b> 11:15 Art Class: <b>Watercolors</b> 12:45 Drama Workshop 3:00 Tutoring Turkish Immigrants 3:00 Project Posterity 7:00 Interfaith Passover Seder	<b>23</b> 10:00 Men's Club  11:00 Tutoring Afghan Women  12:15 Ping Pong
<b>25</b>	<b>26</b> 12:00 Why Dine Alone?  1:30 Poetry Workshop	<b>27</b> 10:00 P.E.R.C.  12:00 MODEL PASSOVER SEDER	<b>28</b> 12:10 Painting Workshop  1:30 Health Chat: <b>Heart Health</b>	<b>29</b> 3:00 Tutoring Turkish Immigrants  3:00 Project Posterity	<b>30</b> 10:00 Men's Club  12:15 Ping Pong  <b>EREV PASSOVER</b>

## **Music, Trips, Lectures & Workshops**

### **Cultural Arts Author, This Narrow Space: A Doctor, His Jewish, Muslim, and Christian Patients, and a Hospital in Jerusalem**

– Elisha Waldman – Mon., 3/19, 1:30 pm. – Elisha Waldman's memoir tells the story of the years spent as a pediatric oncologist at Jerusalem's Hadassah Medical Center taking care of children – Israeli Jews, Muslims, & Christians, & Palestinian Arabs – with one devastating thing in common, cancer. Waldman tells the story of the complex cultural terrain he learned to navigate & the heartbreakingly brave children he cared for, children from Me'ah She'arim, Ramallah, & Gaza. Sugg.: \$5 m/\$8

### **Cultural Arts SPECIAL EVENT, Turkish Art Workshop: The Art of Ebru (Painting on Water) – Thurs., 3/8, 11:15 am.**

– Ebru, a decorative paper art, is one of the oldest Turkish Arts. Learn how to paint on water with Mustafa Yasar, a water marbling artist living in NY. \$15, including materials.

### **REELABILITIES FILM FESTIVAL – Sun., 3/11, 10 am & 1 pm and Mon., 3/12, 12:30 pm**

– ReelAbilities film fest presents outstanding films that promote appreciation of the lives of people with disabilities. Post-screening discussions with filmmakers. Schedule at [www.cqy.org/reel](http://www.cqy.org/reel) or ext. 151 or [pkurtz@cqy.org](mailto:pkurtz@cqy.org). \$5 donation requested.

**INTERFAITH PASSOVER SEDER – Thurs., 3/22, 7 pm** – Share Passover customs & the telling of the story of the exodus from Egypt, and a traditional kosher, vegetarian meal with Jewish, Muslim, & Christian partners. The Seder will be led by a rabbi at the Y. \$21 in advance. RSVP required: ext. 151 or [pkurtz@cqy.org](mailto:pkurtz@cqy.org).

**AARON COPLAND SCHOOL OF MUSIC AT QUEENS COLLEGE** – The Aaron Copland School of Music is one of the most distinguished departments at Queens College. We are thrilled to host performances throughout the academic year. \$5 per person.

**DRAMA WORKSHOP** – Scott Klavan, our director, has performed on Broadway, Off-Broadway & on TV. A lifetime member of The Actors Studio, Scott teaches at the 92<sup>nd</sup> Street Y. We will even have a public performance! Fifteen sessions, \$135 m/\$150 nm.

**MEMORY WORKSHOP** – Strengthen and improve your memory, with listening skills, helpful hints, and techniques to boost recall. FREE m/\$5 nm.

### **MIXED MEDIA, COLLAGE, PAINTING &**

**3-DIMENSIONAL ART** – With a variety of materials, participants will make art such as boxes, mosaics, bowls, sculptures, batik and prints. Materials included. With experienced artist and teacher Sandy Izhakoff. 4 Tues., \$75 m/\$85 nm.

**PAINTING & DRAWING WORKSHOP** – Using watercolors, acrylic paint, or charcoal, create a work of art! For the experienced artist and for those who would like to try it. Materials included. With Sandy Izhakoff, experienced artist and teacher. 4 Weds., \$75 m/\$85 nm.

**POETRY WORKSHOP** – Explore and analyze poems. Bring your own work or simply enjoy the lively discussions. FREE m/\$5 nm.

### **Community**

#### **17th ANNUAL EVA AND LOU FRIEDMAN**

**MODEL PASSOVER SEDER** – Share the joys of the holiday together as a community. A Glatt kosher luncheon will be served. We wish to thank Vivien and Bob Newman for endowing the Model Seder in memory of Vivien's parents, Eva and Lou Friedman. RSVP by Mar. 15 to ext. 160. \$18 m/\$20 nm.

**MEN'S CLUB** – Lively, intellectual, and thought-provoking discussions. Meet new friends & stimulate your mind. Discuss current events, politics, and more! FREE.

**P.E.R.C.** (Progressive Energy for Retired Citizens) – Weekly thought-provoking discussions on current issues. Topics presented by PERC participants. FREE.

**PING PONG** – Every Friday, 12:15 pm.

**WHY DINE ALONE?** – Lunch at your Y! Enjoy a strictly kosher lunch every Monday with your Y community. Chat with friends over a delicious meal. Call ext. 160 to reserve by the prior Thursday. \$4 m/\$6 nm.

### **Classes**

#### **FILM DISCUSSION GROUP WITH FILM CRITIC**

Watch & discuss great films with a film critic! Matthew Weiss has done everything on a film set from acting & producing to directing. He has appeared with Sarah Silverman, Janeane Garofalo, & Rosie Perez, and he has done improv comedy in NY. 6 Tues.: 1/9 & 1/23, 2/6 & 2/20, 3/6 & 3/13, 12:20-3 pm, \$60 m/\$72 nm.

**BEHIND THE HEADLINES: Digging Deeper into the Politics & Law Behind the News** – As we enter the second year of the Trump administration, the impact of the Mueller investigation & its conclusions will surely change the entire public policy agenda of the president & Congress. At each session, we'll dig deeper into an issue

in the news, including the history, legal background, & politics. Alan Hevesi is former NYS & NYC Comptroller. 3 Tues.: 1/30, 2/27, 3/20, 1-2:15 pm, \$30 m/\$36 nm.

### **TURNING POINTS IN JEWISH HISTORY: The Twentieth Century Re-Shapes Jews and Judaism**

Throughout the ages, Jewish culture has seen revolutionary and evolutionary changes. This winter we'll explore the Zionist and Socialist responses to the "Jewish Problem," and various aspects of the Holocaust. A retired Reform rabbi, Rabbi Irwin Goldenberg has taught at St. John's University. 7 Wed.: 1/31, 2/7 & 2/14 & 2/21 & 2/28, 3/7 & 3/14, 1-2:15 pm, \$63 m/\$77 nm.

### **LIGHT, COLOR AND SHADOW: Watercolors Without Fear**

– Learn simple techniques of watercolor to create landscapes from imagination or from photographs. This is a no-failure class! Learn to play with color, form, and texture to create beautiful images. No experience needed, just a spirit of curiosity and adventure! A working artist, Susan Ross taught art for 40 years in the public school system. 6 Thurs.: 1/11 & 1/25, 2/8 & 2/22, 3/1 & 3/22, 11:15 am-12:45 pm, \$60 m/\$72 nm + \$15 materials fee, if needed.

**BOOK GROUP** – Thoughtful, lively discussions focus on the best new and classic literature and non-fiction. Moderated discussions dig in deep to get the most from books, yet we also have fun. New participants welcome. FREE. RSVP requested: ext. 151 or [pkurtz@cqy.org](mailto:pkurtz@cqy.org). Thurs., 3/15, 12:15-2:15 pm., *A Pale View of Hills* by Kazuo Ishiguro. Call or email for Spring schedule.

### **Film Screenings**

**LOVELY, STILL** - 92 min. When his beautiful new neighbor Mary asks him out on a date, elderly bachelor Robert (Martin Landau) suddenly finds himself swept up in the excitement and panic of new love. FREE m/\$3 nm.

### **Health and Wellness**

**FREE BLOOD PRESSURE SCREENING** – By Dr. J. Horwitz, on the first Friday of every month.

**HEALTH CHAT: SAFETY IN THE SUN** – Dr. Penny Stern warns us to protect our skin. FREE

**HEALTH CHAT: HEART HEALTH** – Presented by a cardiologist from NY Presbyterian Hospital. FREE

### **Volunteer Opportunities**

#### **BASIC ENGLISH TUTORING FOR**

**IMMIGRANTS** – Volunteer tutors provide tutoring for Turkish & Afghan immigrants. Space is limited; advance registration required: ext. 151 or [pkurtz@cqy.org](mailto:pkurtz@cqy.org). Thursdays, 3-4:15 pm & Fridays, 11 am-12:45 pm.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>PASSOVER CQY CLOSED</b>	2 	3 	4 12:10 Painting Workshop	5 <b>EREV PASSOVER</b>	6 <b>7TH DAY PASSOVER CQY CLOSED</b>
8	9 12:00 Why Dine Alone? <b>1:30 Memory Workshop</b> <b>1:30 Holocaust Remembrance Day, Author, Why? Explaining the Holocaust</b>	10 10:00 P.E.R.C.  <b>12:20 Film Discussion with Matthew Weiss</b>  <b>1:00 Mixed Media Art Workshop</b>	11 12:10 Painting Workshop  <b>1:30 Juilliard Performance</b>	12 <b>12:15 Interfaith Class</b>  12:45 Drama Workshop 3:00 Tutoring Turkish Immigrants  <b>3:00 Project Posterity</b>	13 10:00 Men's Club  <b>11:00 Tutoring Afghan Women</b>  12:15 Ping Pong
15	16 12:00 Why Dine Alone?  <b>12:45 Film Screening: Victoria and Abdul</b>  <b>1:30 Prof. Rosenblum, Trump in Middle East</b>	17 10:00 P.E.R.C.  <b>12:20 Film Discussion with Matthew Weiss</b>  <b>1:30 Simcha Party with the Melodians</b>	18 12:10 Painting Workshop	19 <b>12:15 Book Group</b>  12:45 Drama workshop <b>3:00 Project Posterity</b> 3:00 Tutoring Turkish Immigrants	20 10:00 Men's Club  <b>11:00 Tutoring Afghan Women</b>  12:15 Ping Pong
22 <b>3:00 Earth Day: Prof. Stephen Pekar: On Climate Change</b>	23 12:00 Why Dine Alone? <b>1:30 Poetry Workshop</b> <b>1:30 Author, The Trade: My Journey Into the Labyrinth of Political</b>	24 10:00 P.E.R.C.  <b>1:00 Mixed Media Art Workshop</b> <b>1:00 Behind the Headlines</b>	25 12:10 Painting Workshop  <b>1:15 Health Chat: Acid Reflux Disease</b>	26 <b>12:15 Interfaith Class</b> <b>12:45 Drama Workshop</b> 3:00 Tutoring Turkish Immigrants <b>3:00 Project Posterity</b> <b>7:00 Interfaith Panel on Women (at TCC)</b>	27 10:00 Men's Club  <b>11:00 Tutoring Afghan Women</b>  12:15 Ping Pong
29	30 12:00 Why Dine Alone? <b>1:00 BINGO</b> <b>1:30 Author, Bad Rabbi &amp; Other Strange but True Stories from the Yiddish Press</b>				

## Music, Trips, Lectures & Workshops

**Holocaust Remembrance Day Event, Cultural Arts Speaker, Why? Explaining the Holocaust – Prof. Peter Hayes – Mon., 4/9, 1:30 p.m.** – More than 70 years after World War II, some of the most basic questions about the Holocaust remain. To fail to understand is to refuse the brutal lessons of that era. Peter Hayes is Prof. Emeritus at Northwestern University & chair of the U.S. Holocaust Memorial Museum Academic Committee. Sugg. donation: \$5m/\$8nm.

**Cultural Arts Speaker, Trump in the Middle East – Prof. Mark Rosenblum – Mon., 4/16, 1:30 pm.** – From his first international trip, beginning in Saudi Arabia, to recognition of Jerusalem as the capital of Israel, Pres. Trump has shaken up American Middle East policy. What are the implications of Trump's Mideast agenda? Is a democratic two-state solution still possible while maintaining a Jewish homeland? Mark Rosenblum is Dir. of the Ibrahim Student Leadership & Dialogue Middle East Program with Queens College. Sugg.: \$5m/\$8nm.

**Earth Day Event, The Last Time It Got This Hot on Earth – Prof. Stephen Pekar – Sun., 4/22, 3 pm** A Professor of Environmental Science at Queens College, Dr. Pekar has conducted research expeditions around the world, including Antarctica, to understand climate changes 16 to 45 million years ago and what it means for humanity's future. Dr. Pekar will also discuss what we can do as citizens to create a more sustainable world. Sugg.: \$5m/\$8nm.

**Cultural Arts Author, A Former Taliban Hostage's Journey into the Labyrinth of Political Kidnapping – Jere Van Dyk – Mon., 4/23, 1:30 pm.** – In 2008 American journalist Jere Van Dyk was kidnapped by the Taliban in Pakistan & held for ransom for 45 days. Haunted by questions about why he had been taken & how he was released, he returned to Pakistan & Afghanistan in 2014. In his new memoir Van Dyk reveals what he learned about the lucrative business of political kidnappings by terrorist groups. Sugg.: \$5m/\$8nm.

**Interfaith Panel Discussion: Women in Religion – Thurs., 4/26, 7 p.m. – At Turkish Cultural Center** Join us for a panel discussion about the changing role of women in our religions within the context of modern culture. Our panel will include representatives from each major religion, and we'll allow plenty of time for questions and discussion. FREE. Van \$8.

**Sholem Aleichem Day, Cultural Arts Author, True Stories from the Yiddish Press – Eddy Portnoy – Mon., 4/30, 1:30 p.m.** – YIVO Exhibition Director Eddy Portnoy has written an underground history of *downwardly* mobile Jews. With true stories from the Yiddish press, Portnoy introduces us to bunglers, blockheads, & the just plain weird—Jews who were flung from small, impoverished European shtetls into the urban shtetls of NY. Sugg. donation: \$5m/\$8nm.

**DRAMA WORKSHOP** – Scott Klavan, our director, has performed on Broadway, Off-Broadway & on TV. He is a lifetime member of The Actors Studio and teaches at the 92<sup>nd</sup> Street Y. We will even have a public performance! Fifteen sessions, \$135 m/\$150 nm.

**THE JUILLIARD SCHOOL** – Juilliard provides the highest caliber of artistic education for gifted musicians from around the world. Through a generous Gluck Fellowship, we are privileged to host concerts and we anticipate a musical year. \$5 per person.

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**PING PONG** – Every Friday, 12:15 pm.

**SIMCHA PARTY** – Put on your dancing shoes-enjoy an amazing performance by the Melodians! FREE m/\$5 nm.

**WHY DINE ALONE?** – Lunch at your Y! Enjoy a strictly kosher lunch every Monday with your Y

community. Chat with friends over a delicious meal. Call ext. 160 to reserve by the prior Thursday. \$4 m/\$6 nm.

## Classes

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**INTERFAITH CLASS: A Rabbi & a Muslim Couple Stir the Pot!** – We'll discuss some of the most frequently asked questions in regard to Muslim & Jewish life & beliefs. Join Rabbi Irwin Goldenberg, Khalid Rehman, & Sabeeha Rehman for a discussion on the Koran & the Bible, Shariah & Halacha, women & family life, Islam & Judaism in America. 4 Thurs.: 4/12 & 4/26, 5/3 & 5/10, 12:15-1:45 pm, \$40 m/\$48 nm.

**BOOK GROUP** – Thoughtful, lively, moderated discussions focus on the best new & classic literature & non-fiction, digging in deep to get the most from books. New participants welcome. FREE. RSVP requested: ext. 151 or pkurtz@cqy.org. Thurs., 4/19, 12:15-2:15 pm, *Judas* by Amos Oz. Call or email for Spring schedule.

## Film Screenings

**VICTORIA AND ABDUL** – 111 min A young Indian clerk journeys to Britain for the celebration of Queen Victoria's 50th year on the throne. Unexpectedly he forms a deep friendship with the queen. FREE m/\$3 nm.

## Health and Wellness

**HEALTH CHAT: ACID REFLUX DISEASE** – Thoracic surgeon Dr. Julissa Jurado shares information on signs and treatment of acid reflux disease. FREE

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