



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
				1 11:15 Art Class: Watercolors 12:45 Drama Workshop	2 10:00 Blood Pressure Screening 10:00 Men's Club 11:00 Tutoring Afghan Women 12:15 Ping Pong
4	5 12:00 Why Dine Alone? 1:30 Memory Workshop	6 10:00 P.E.R.C. 12:20 Film Discussion with Matthew Weiss 1:00 Mixed Media Art Workshop	7 12:10 Painting Workshop 1:00 Turning Points in Jewish History Class 1:30 Bingo	8 11:00 Modern Masters at Metropolitan Museum of Art, with Art Historian Harry Weil 11:15 Art Class: Watercolors 12:45 Drama Workshop	9 10:00 Men's Club 11:00 Tutoring Afghan Women 12:15 Ping Pong
11	12 12:00 Why Dine Alone? 1:30 Health Chat: Joint Pain 1:30 Author, (((SEMITISM))) : Being Jewish in America in the Age of Trump	13 10:00 P.E.R.C. 1:00 Behind the Headlines	14 10:30 Parkinson's Support Group 12:10 Painting Workshop 1:00 Turning Points in Jewish History Class 1:30 Aaron Copland School of Music Concert	15 12:15 Book Group 12:45 Drama Performance!	16 10:00 Men's Club 11:00 Tutoring Afghan Women 12:15 Ping Pong
18	19 12:00 Why Dine Alone? 1:30 Poetry Workshop	20 10:00 P.E.R.C. THANKSGIVING LUNCHEON 1:00 Mixed Media Art Workshop	21 12:10 Painting Workshop 1:15 Film: And So It Goes	22 THANKSGIVING DAY CQY CLOSED	23 10:00 Men's Club 12:15 Ping Pong
25	26 12:00 Why Dine Alone? 12:45 Film: The Post	27 10:00 P.E.R.C. 12:20 Film Discussion with Matthew Weiss	28 12:10 Painting Workshop 1:00 Turning Points in Jewish History Class 1:30 Juilliard Performance	29 Trip: Museum of the City of New York 11:15 Art Class: Watercolors 12:45 Drama Workshop	30 10:00 Men's Club 11:00 Tutoring Afghan Women 12:15 Ping Pong

Music, Lectures & Workshops

MODERN MASTERS AT THE METROPOLITAN MUSEUM OF ART, with Art Historian Harry Weil as guide – Thurs., 11/8, 11:00 am – The Met collection includes some of the finest work of the great masters of early modern art, from Van Gogh to Jackson Pollack. This art of the late 19th to mid-20th century helped us reimagine the way we see the world & ourselves. Optional lunch afterward in one of the Met's cafes. Space is limited, so sign up early. Check for van availability. \$25. Optional lunch additional \$.

Cultural Arts Author, (((SEMITISM))): Being Jewish in America in the Age of Trump – Jonathan Weisman – Mon., 11/12, 1:30 pm – During the 2016 presidential campaign, journalist Jonathan Weisman was suddenly subjected to a wave of anti-Semitic attacks on Twitter by neo-Nazis & anti-Semites. Attacked as a leftist anarchist, rapacious Wall Street profiteer, & money-bags financier orchestrating war for Israel, Weisman wanted to understand better the alarming resurgence of anti-Semitism. In his new book, he delves into the rise of the Alt Right & their aims to spread hate through a political structure that has so suddenly become tolerant of their views. Jonathan Weisman is Deputy Washington Editor of the *New York Times*. Suggested donation: \$6 m/\$10 nm.

AARON COPLAND SCHOOL OF MUSIC AT QUEENS COLLEGE – The Aaron Copland School of Music is one of the most distinguished departments at Queens College. We are thrilled to host performances throughout the academic year. \$5 per person.

DRAMA WORKSHOP – Scott Klavan, our director, has performed on Broadway, Off-Broadway & on TV. He is a lifetime member of The Actors Studio and teaches at the 92nd Street Y. We will even have a public performance! Ten sessions, \$120 m/\$140 nm.

THE JUILLIARD SCHOOL – Juilliard provides the highest caliber of artistic education for gifted musicians from around the world. Through a generous Gluck Fellowship, we are privileged to host concerts and we anticipate a musical year. \$5 per person.

MEMORY WORKSHOP – Strengthen and improve your memory, with listening skills, helpful hints, and techniques to boost recall. FREE m/\$5 nm.

MIXED MEDIA, COLLAGE, PAINTING & 3-DIMENSIONAL ART – With a variety of materials, participants will make art such as boxes,

mosaics, bowls, sculptures, batik and prints. Materials included. With experienced artist and teacher Sandy Izhakoff. 4 Tues., \$75 m/\$85 nm.

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POETRY WORKSHOP – Explore and analyze poems. Bring your own work or simply enjoy the lively discussions. FREE m/\$5 nm.

Community

MEN'S CLUB – Lively, intellectual, and thought-provoking discussions. Meet new friends & stimulate your mind. Discuss current events, politics, and more! FREE.

P.E.R.C. (Progressive Energy for Retired Citizens) – Weekly thought-provoking discussions on current issues. Topics presented by PERC participants. FREE.

PING PONG – Every Friday, 12:15 pm.

WHY DINE ALONE? – Lunch at your Y! Enjoy a strictly kosher lunch every Monday with your Y community. Chat with friends over a delicious meal. Call ext. 160 to reserve by the prior Thursday. \$4 m/\$6 nm.

THANKSGIVING LUNCHEON – Celebrate with us! A full kosher luncheon will be served, with musical entertainment. \$18 members/\$20 nonmembers. Must register by November 15; call Ellen at extension 160.

Classes

FILM DISCUSSION GROUP WITH FILM CRITIC – Watch & discuss great films with a film critic! Matthew Weiss has done everything on a film set from acting & producing to directing. 6 Tues., incl.: 11/6 & 11/27, 12:20-2:50 pm, \$60 m/\$72 nm.

BEHIND THE HEADLINES: Digging Deeper into the Politics and Law Behind the News – We are facing an historic election this fall that threatens to reshape our democratic system. Will there be a fair & humane immigration law? Will those advocating voter suppression be successful? Alan Hevesi is a former NYS & NYC Comptroller. 4 Tues., incl.: 11/13, 1-2:15 pm, \$40 m/\$48 nm.

TURNING POINTS IN JEWISH HISTORY: The Twentieth Century Re-Shapes Jews and Judaism We'll explore Israel from 1948 to the present, Jewish

socialism, & the Holocaust. Rabbi Irwin Goldenberg is a retired Reform rabbi. 8 Wed., incl.: 11/7 & 11/14 & 11/28, 1-2:15 pm, \$72 m/\$88 nm.

LIGHT, COLOR AND SHADOW: WATERCOLORS WITHOUT FEAR – Learn simple techniques of watercolor to create landscapes. Learn to play with color, form, & texture to create beautiful images. No experience needed. A working artist, Susan Ross taught art for 40 years in the public school system. 6 Thurs., incl.: 11/1 & 11/8 & 11/29, 11:15 am-12:45 pm, \$60 m/\$72 nm.

BOOK DISCUSSION GROUP – Thoughtful, lively discussions focus on the best new & classic literature and non-fiction. Moderated discussions dig in deep to get the most from books. New participants welcome. FREE. RSVP requested: ext. 151 or pkurtz@cqy.org. Thurs., 11/15, 12:15-2:15 pm, *Antigone* by Sophocles.

Film Screenings

THE POST – 1 hr. 55 min. When the *Washington Post* agrees to publish the leaked Pentagon Papers – which point to a secret escalation of the Vietnam War – the Nixon administration tries to block publication, setting off a legal and political battle. FREE m/\$3 nm.

AND SO IT GOES – 1 hr. 34 min. When he's obliged to take over the care of a previously unknown granddaughter, wealthy and self-absorbed Oren is suddenly in need of major help. His neighbor Leah comes to the rescue – not only bailing out Oren but also capturing his heart. FREE m/\$3 nm.

Health and Wellness

FREE BLOOD PRESSURE SCREENING – By Dr. J. Horwitz, on the first Friday of every month.
HEALTH CHAT: JOINT PAIN – Orthopedists discuss treatment options such as joint replacement and robotic arm-assisted surgery. FREE.

PARKINSON'S SUPPORT GROUP – Our support group for people with Parkinson's disease and caregivers provides an opportunity for mutual support, ideas, and resources. Social worker facilitated. FREE.

Volunteer Opportunities

BASIC ENGLISH TUTORING FOR IMMIGRANTS – Volunteer tutors tutor Afghan women and children immigrants at the Afghan Women Center. Limited space; call to register: ext. 151 or pkurtz@cqy.org.
Kids Homework Help: Mon.-Wed., 4-6 pm. No van.
Tutoring Women: Fri., 11 am-12:45 pm. Van available.



<p>2</p>	<p>3 12:00 Why Dine Alone? 1:30 Author, A River Could Be a Tree: A Memoir 1:30 Health Chat: Regenerative Therapy</p>	<p>4 10:00 P.E.R.C. 12:20 Film Discussion with Matthew Weiss 1:00 Mixed Media Art Workshop</p>	<p>5 10:30 Parkinson's Disease Support Group 12:10 Painting Workshop 1:00 Turning Points in Jewish History Class</p>	<p>6 11:15 Art Class: Watercolors 12:45 Drama Workshop</p>	<p>7 10:00 Blood Pressure Screening 10:00 Men's Club 11:00 Tutoring Afghan Women 12:15 Ping Pong</p>
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Cultural Arts Author, A RIVER COULD BE A TREE: A Memoir – Angela Himsel – Mon., 12/3, 1:30 pm.

– Angela Himsel was raised in a fundamentalist German-American family, one of eleven children, in a ramshackle farmhouse in Indiana. The Himsels followed an evangelical branch of Christianity which espoused a doomsday philosophy. Only strict adherence to the church's tenets and belief in the church's leader could save them from the evils of American culture – divorce, television, and even medicine. At nineteen, she decided to study Bible in Jerusalem. It was in Israel that Himsel's eyes were opened to the danger of the myths with which she had been raised. Even as she struggled with her painful loss of faith, she began to open to the world around her and ultimately found a new life as a Jewish woman in New York City. Suggested donation: \$6 m/\$10 nm.

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Film Screenings

HEARTS BEAT LOUD – 1 hr. 37 min. As Frank is getting ready to send his daughter, Sam, off to college, he cannot quite seem to let her go. Free m/\$3nm.

STRONGER – 1 hr. 59 min. In this fact-based drama, life changes irrevocably for Jeff Bauman when a bomb goes off at his feet as he's celebrating his completion of the 2013 Boston Marathon. Despite losing his legs, Bauman is determined to help find the culprits. FREE m/\$3 nm.

WONDER – 1 hr. 53 min. Entering fifth grade will be momentous for Auggie – because at last, he'll get to be ordinary. While his facial deformity has previously kept him from attending regular schools, Auggie is determined to make his classmates see beyond his face. FREE m/\$3 nm.

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